Geeta Maitri Milan Kolkata - March 26 2023

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Kolkata, the cultural capital of India, witnessed a grand celebration of spirituality and togetherness on a delightful Sunday morning. The Geeta Maitri Milan program, held on March 26, 2023 (Chaitra Shukla Panchami of samvat 2080), transformed the Ballygunge Park into a mesmerizing realm of divinity, where individuals from all walks of life embraced the teachings of the Bhagavad-Gītā.

The atmosphere was charged with spirituality as Rinku Gupta Didi and Sangita Paramananda Didi commenced the program with a prayer (Prarthana). The audience felt an immediate connection with the divine, their hearts echoing the melodious chants that resonated through the hall. The soul-stirring Prarthana echoed with divine energy, invoking a sense of spirituality in the attendees.



A profound sense of reverence filled the auditorium as Acharya Shriramroop Ji Mishra, accompanied by several Rishikumar boys from Shri Gaurang Ved Vidyalaya, mesmerized the audience with their recitation of the Vedas, the ancient scriptures, with flawless precision. Dressed in traditional costumes and donning sacred ash (Bhasma) on their foreheads, the young Rishikumars transported everyone into a world of divine tranquility. The power of their chanting filled the auditorium, evoking a deep sense of reverence and awe.

Sandip Ji, brimming with enthusiasm, extended a heartfelt welcome to the esteemed guest, Dr. Sanjay Ji Malpani, affectionately known as Sanjay Bhaiya, the national President of Geeta Pariwar. The crowd erupted in applause, acknowledging the immense contribution of Sanjay Ji towards promoting spiritual knowledge and values. Sandip Ji also extended a warm welcome to Pradeep Ji Rathi, recognizing his dedication to the cause.

In a radiant display of unity and reverence, Dr. Sanjay Ji Malpani, Pradeep Ji Rathi, Shobha Ji Mehta, Reva Ji Vishvas, and Akhila Ji came forward to perform the ceremonial Deep Prajvalan,

lighting the sacred lamp. The ethereal glow of the lit lamps illuminated the stage, symbolizing the dispelling of darkness and the triumph of light. A devotional Bangla Geet played softly in the background, further elevating the spiritual ambiance. The stage then came alive with the resonant chants of the Ganapati Prarthana, blending harmoniously with a Bengali Ganesh Geet, invoking the blessings of Shree Ganesha.

The stage was adorned with spiritual significance as Ashok Ji Saboo applied a sacred divine mark (Tilak) on Dr. Sanjay Ji Malpani's forehead, accompanied by Vedic chants. Jawahar Ji Karmakar and Yugalkishor Ji Kothriwal Ji extended their heartfelt welcome, presenting Sanjay Ji with flowers and a shawl. Similarly, Vishwanathi Ji Rahi and Shiv Ratan Ji Mohta expressed their gratitude to Pradeep Ji Rathi with gestures of reverence.

As the program unfolded, several Geeta Vratis, the devotees who had memorized the entire Bhagavad-Gītā, were invited to the stage. Dr. Sanjay Ji Malpani, filled with admiration and respect, personally presented them with certificates, shawls, and medals. The audience applauded with pride, acknowledging the dedication and spiritual prowess of these individuals.

In a heartwarming gesture, P.P. Swami Shri Govind Dev Giri Ji Maharaj sent his blessings via a video message, which was played on the giant screens. His serene voice reverberated through the hall, spreading love and wisdom. His divine presence and heartfelt words, including a single Bengali sentence that delighted everyone, reverberated through the auditorium, infusing the atmosphere with profound spirituality.

With great honor, Dr. Sanjay Ji Malpani inaugurated the Bengali version of Sarala Paṭhanīya Śrīmadbhagavadgītā, a simplified rendition of the sacred text. The audience applauded fervently, recognizing the effort put forth to make the wisdom of the Bhagavad-Gītā accessible to a wider audience.

A delightful program unfolded, showcasing the richness of Indian culture and the universality of its spiritual teachings. Traditional solo dance performances enthralled the audience, their graceful movements telling stories of devotion and transcendence. The chorus singing of "Vande Vishvagurum" uplifted spirits, bringing a sense of collective harmony to the gathering.

A captivating dance drama (Nrutya Natika) unfolded on the stage, depicting various facets of spiritual evolution. The formation of a Yoga-Pyramid mesmerized the audience, symbolizing the ascent of the soul towards enlightenment. Two young boys, with incredible skill and agility, enthralled everyone with their performance on the rhythmic beats of the Shiva Tandav Stotra, capturing the essence of divine energy.



A moment of tranquility followed as the enchanting melodies of Rabindra Sangeet, the songs composed by Rabindranath Tagore, filled the auditorium. The soulful rendition touched the hearts of all, connecting them with the rich cultural heritage of Bengal.



Asha Ji Saboo, a prominent member of Geeta Pariwar, graced the stage and shared the journey and progress of the organization. Her passionate words resonated with the audience, highlighting the collective effort to propagate spiritual knowledge and uplift humanity.

The recitation of the 12th Adhyay (chapter) of the Bhagavad-Gītā transported the audience into the depths of Shree Krishna's divine teachings, with each verse echoing through the air, carrying timeless wisdom.

Pradeep Ji Rathi, took the opportunity to explain the features and benefits of the Ram Pratishtha app, to the eager listeners. His insightful explanation sparked curiosity and inspired many to explore the app, enabling them to deepen their understanding of the Shatkoti Hanuman Chalisa Abhiyan. The audience eagerly embraced the technological advancement, recognizing its potential to enhance their spiritual journey.

Bimal Ji Jain took the podium, and with eloquence and admiration, introduced the luminary Dr. Sanjay Ji Malpani, shedding light on his extraordinary journey and his relentless efforts to promote yoga knowledge and practice across India. In his poignant speech, he recited a poem written by Gurudev Ji himself on Sanjay Ji's 50th birthday, shedding light on the remarkable journey and tireless efforts of Sanjay Ji to promote yoga knowledge and practice in India. Bimal Ji's words revealed captivating anecdotes and lesser-known facts, weaving a tapestry of admiration and inspiration.

The highlight of the event came with Sanjay Bhaiya's captivating two-hour speech, where he unraveled the profound significance of the Bhagavad-Gītā in navigating life's challenges. Drawing inspiration from the teachings of Swami Vivekananda, he emphasized the empowerment of women (Matru Shakti) in leading Geeta Pariwar, fostering dialogue (Samvad), and maintaining a gentle smile while controlling anger. Shri Sanjay Ji emphasized the power of women, acknowledging the pivotal role they played in leading Geeta Pariwar and society as a whole. His words encouraged open dialogue and the importance of listening to others, fostering unity and understanding.



Through compelling anecdotes and wisdom from the Gītā, Sanjay Ji emphasized the importance of practicing its teachings, not merely studying them. He expressed his belief that the entire nation would be inspired by Kolkata's example, for Bengal has

always been a beacon of progress and enlightenment. Stories of courage, justice, and awakening resonated deeply, leaving an indelible impression on the audience. Sanjay Ji's words reverberated through the hearts of the attendees as he reiterated that the entire nation would look to Kolkata for inspiration, acknowledging the city's historical and cultural significance as an exemplar for the rest of the country.

With a gentle smile, Sanjay Ji emphasized the need to maintain a positive outlook, control anger, and transcend desires, drawing parallels to the teachings of the Gītā. He spoke of Bengal's significance, highlighting how the nation would look to Kolkata as an example of spiritual progress and unity. Through captivating stories and examples, he emphasized the importance of ethics and awakening the entire nation.

Amidst his discourse, he narrated the awe-inspiring tale of Hanuman Ji shrinking in front of Surasa Rakshasi and other demons while crossing the sea to Lanka. This story symbolized the need to overcome obstacles and limitations through unwavering faith and devotion.

Sanjay Ji eloquently differentiated between being merely rich and being a "Shriman," a person who embodies purity, divinity, and richness of character. His words touched the hearts of the audience, inspiring them to strive for inner growth and excellence.

As the session opened for questions and answers, Sanjay Bhaiya engaged with the audience during the Q&A session, addressing their queries with wisdom and clarity. He delved into the root causes of sinful behavior, emphasizing the importance of understanding and balancing the three Gunas (qualities) inherited from nature. He highlighted the role of Sattva Guna (the mode of goodness) in avoiding sin, advocating for a continuous connection with Santa Sahitya (religious books) to nurture spiritual growth.



Another question centered around Shree Krishna's promotion of Bhakti Yoga, to which Sanjay Ji affirmed its simplicity and effectiveness as a path to spiritual awakening and devotion.

The topic of the best mantra arose, and Sanjay Ji enlightened the audience, stating that the best mantra is the one imparted by one's Guru. He emphasized the significance of the Guru-disciple relationship and the transformative power of a personalized mantra.

The session concluded with an enlightening demonstration by Sanjay Bhaiya on the correct sitting posture, showcasing the benefits of maintaining a straight back and pressure on the thighs. The audience attentively followed his guidance, realizing the benefits of good posture and deep breathing for overall well-being.

Sanjay Bhaiya then guided everyone through a simple form of Ujjayi Pranayama, the victorious breath, teaching them to sit upright and practice Laghu Ujjayi. The auditorium filled with the soothing sound of regulated breathing, creating a serene atmosphere conducive to inner peace and introspection. The repetition of the mantra "Shri Krishna Sharanam Mam" further deepened the spiritual experience.

Urging the audience to observe a social media fast for one day, Sanjay Bhaiya advocated for the practice of Pratyahara, the withdrawal of senses. The collective agreement to abstain from platforms like WhatsApp, Facebook, and Instagram symbolized a conscious effort to disconnect from external distractions and reconnect with one's inner self.

As Sanjay Ji concluded his profound speech, Jawahar Ji Karmakar extended heartfelt gratitude to everyone present, acknowledging the collective energy that made the event an unforgettable experience.

Rupal ji Didi, radiating warmth and grace, took the stage to share a few concluding words. She invited everyone to join Team 11 and participate in the Shatkoti Hanuman Chalisa Abhiyan, a devotional hymn recitation campaign aimed at reaching the milestone of 100 crore Hanuman Chalisa recitations. Her words echoed with enthusiasm and determination, igniting a renewed sense of purpose within the attendees.



The program reached its crescendo with a soul-stirring prayer, "Yogesham Sachchidanand Vasudevam Vrajapriyam, Dharmasamsthapakam Veeram Krishnam Vande Jagadgurum" (I offer my salutations to Yogesham Sachchidanand Vasudev, dear to Vraja, the establisher of righteousness, the courageous Krishna, the guru of the world). The unified voices of the attendees echoed through the auditorium, symbolizing the power of collective devotion and shared aspirations.

In a world often fraught with chaos and turmoil, events like the Geeta Maitri Milan program remind us of the timeless wisdom and spiritual solace that can be found in ancient texts. Kolkata witnessed a remarkable gathering, where individuals immersed themselves in the teachings of the Bhagavad-Gītā, forging bonds of friendship and unity that transcend all boundaries. As the attendees made their way out of the auditorium, they carried with them a deep sense of spiritual fulfillment and a renewed commitment to embody the teachings of the Bhagavad-Gītā in their daily lives. The Geeta Maitri Milan program in Kolkata had left an indelible mark on their hearts, reminding them of the unity, love, and wisdom that bind humanity together on the path of spiritual evolution.